

SEPTEMBER | 2021



East Knox Elementary


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 Mini Corn dogs Green Beans Tropical Fruit Milk</p>	<p>2 Chicken drumstick Mashed Potatoes/gravy Mandarin Oranges Milk</p>	<p>3 French Bread pizza Fresh fruit and veggies Milk</p>
<p>6 No School </p>	<p>7 Chicken nuggets Green Beans Peaches Milk</p>	<p>8 Cheeseburger French fries Tropical Fruit Milk</p>	<p>9 Pancakes Hash browns Sausage Pineapple Milk</p>	<p>10 Mozzarella cheese sticks Marinara Fresh fruit and veggies Milk</p>
<p>13 Chicken Patty Scalloped Potatoes Pears Milk</p>	<p>14 Chili Cheese Nachos Broccoli Applesauce Milk</p>	<p>15 Hot dogs Baked beans Fruit Cocktail Milk</p>	<p>16 Quesadilla Corn Fruit Cup Milk</p>	<p>17 Pizza Fresh fruit and veggies Milk</p>
<p>20 Chicken wraps Ranch potatoes Peaches Milk</p>	<p>21 Soft taco Corn Fruit cup Milk</p>	<p>22 Salisbury steak/roll Mashed potatoes/gravy Tropical fruit Milk</p>	<p>23 Spaghetti/meatballs Garlic bread Salad Mandarin oranges Milk</p>	<p>24 Dominos Fresh fruit and veggies Milk</p>
<p>27 Popcorn Chicken Mashed Potatoes/gravy Corn Pears Milk</p>	<p>28 Frito Pie Refried Beans Applesauce Milk</p>	<p>29 Macaroni & Cheese/roll Broccoli Fruit cocktail Milk</p>	<p>30 Ravioli Green Beans Garlic toast Pineapple Milk</p>	<p>1</p>

News

Menu is subject to change!!

Offered daily: Chef salad with croutons

PB&J with a cheesestick

Bulldog lunchable

Fresh Fruit and veggies

USDA IS PROVIDING A FREE LUNCH TO ALL STUDENTS